

Shareera Rachana
6-day CME for Teachers Module

S. NO.	UNIT	CONTENT	DURATION
1	Areas of Research in Rachana Sharir		1 hr. 30 min
2	How to teach Garbha Sharir from Ayurvedic perspective?	<ol style="list-style-type: none"> 1. Correlative Study of def. of Garbha and Embryo/Fetus. 2. Factors responsible for formation & Development of Garbha (Embryo) 3. Comparative Study of Beeja-Beejabhaga-Beejbhagavayava in the light of Theory of Heredity. 4. Apra – Formation, Functions and relevance with Placental part. 5. Role of Panchamahabhutas in development of Foetus (germainal layers etc.) 6. Garbhavikruti (Teratology) – Its significance in Applied Sharir. 	1 hr. 30 min.
3	Teaching Modules in Rachana Sharir	Preparation, Interpretation and Presentation of modules in place of dissections.	1 hr. 30 min
4	Concept of Srotas Sharir	<ol style="list-style-type: none"> 1. Correlative Study of Srotas Sharir and Vascular system of body 2. Comparative Study of Sira, Dhamni, Srotas-Number, Formation, sites 3. Its significance in Applied Sharir 	1 hr. 30 min
5	Practical relevance of Marma Sharir	<ol style="list-style-type: none"> 1. Definition, Total numbers, Types. 2. Confirmation of marma sites. 3. Its significance in surgery (Traumatic cases) 	1 hr. 30 min
6	Craniotomy	Practical demonstration in dissection hall – Method and Application	1 hr. 30 min
7	Plastination Technique	Definition, Detail procedure. In the form of demonstration	1 hr. 30 min
8	Sandigdha Sharir paribhasha	Concepts, Total number, Confirmation, Correlative study with modern anatomical structures.	1 hr. 30 min
9	Use of anatomical terms in teaching	Origin of terms, their interpretation and analysis Significance and practicality of Translated Sharir on the background of Anatomical terms	1 hr. 30 min
10	Embalming Technique and Specimen mounting	Various techniques of preservation of cadaver. Techniques of Specimen preparation –selection of specimen, Under water dissection, Drying and painting, Mounting and preservation.	1 hr. 30 min

11	Typical dissection of Abdomen	Practical demo. On a cadaver – explanation of importance of various Incisions and some methods as per structural significance.	1 hr. 30 min
12	Concept of Kala Sharir with its applied aspect	Definition, General Features of kala, Types. Significance of kala. Comparative study with anatomical structures	1 hr. 30 min
13	Concept of Sankhya Sharir	Importance of Numbers, comparison between Ayurvedic and Modern Numerology in Anatomy (Sharir)	1 hr. 30 min
14	Fetal dissection and mounting	Techniques of Specimen preparation –Selection of specimen, Under water dissection, Drying and painting , Mounting and preservation (Teratological Aspect)	1 hr. 30 min
15	Dehadan Procedure	Need of Dehadan movement, its methods of campaigning, Precautions, Maintenance of records, Benefits, Anatomy act – details.	1 hr. 30 min
16	Concept of Granthi Sharir	Ayurvedic View, Comparative study with modern anatomical structures.	1 hr. 30 min
17	Comparative consideration of Sandhi Sharir	Ayurvedic View, Comparative study with Arthrology.	1 hr. 30 min
18	Imaging Techniques to principles	Radiology-Definition,Preparation, procedure Readings of plain and contrast aspect of X-rays, USG, Angiography, C.T.Scans, MRI.	3hrs
19	Applications of Ayurvedic Rachana Sharir	Importance of Rachana Sharir and its applications while treating the Patient. With respect to Dagdha, Siravyadha, Agnikarma etc. in context of Marma.	1 hr. 30 min
20	Software of Virtual Dissection	Demonstration, its Applicability and Need in present scenario.	1 hr. 30 min
21-24	Dissection	Demonstration	6 hours
	Pre and Post training assessment	Assessment and Feedback forms may be given to participants before the commencement of sessions, so that they fill the forms at the end of each session/day and put them in sealed envelops.	01 hour
	Total		36 hours