

## **MODULE OF CME FOR AYUSH NURSES**

### **Note:**

- Duration of CME will be 6 days.
- Total number of sessions will be 24. Every day there will be 4 sessions. Duration of each session will be 90 minutes.
- Emphasis should be given to provide practical training to the participants.

Following are the proposed content material of the CME for AYUSH Nurses-

<b>SESSION</b>	<b>TOPIC</b>	<b>DURATION</b>
1.	Basic concepts and applied aspect of Sharir Rachna.	90 Minutes
2.	Basic concepts and applied aspect of Sharir Kriya.	90 Minutes
3.	Fundamentals of Swastha Vritta, Aahar Kalpna (Dietetics).	90 Minutes
4.	Knowledge of Pathya – Apathya.	90 Minutes
5.	Identification of raw materials & prepared drugs.	90 Minutes
6.	Drug preparation of dispensing. Knowledge of shelf life of drugs.	90 Minutes
7.	Knowledge of Pancha Vidha Kashaya Kalpana.	90 Minutes
8.	Determination of drug dosage, Anupana & methods of administration.	90 Minutes
9.	Adverse drug reaction (ADR), their identification, Management & reporting system.	90 Minutes
10.	Good practices of drug dispensing. Information regarding incompatibility of drugs. Various combination & formulations of drugs for dispensing Knowledge about composition of various formulations.	90 Minutes
11.	Knowledge about Visha, Upavisha & Metallic preparations. Knowledge of formulations containing Visha, Upavisha & Rasa aushadhis.	90 Minutes
12.	Knowledge of ward management & Bed making etc.	90 Minutes
13.	General physical examination of patient. Temperature, Pulse, Blood Pressure & respiration chart preparation. Input & Output chart preparation.	90 Minutes
14.	Assisting doctor during ward rounds. Knowledge of Doctor – Nurse – Patient relationship.	90 Minutes
15.	Knowledge about working in Labour room and surgical operation theatre.	90 Minutes
16.	Knowledge about working in Pancha karma unit.	90 Minutes
17.	Knowledge about working in pediatrics ward including nursery (Neonatal management).	90 Minutes
18.	Knowledge about working in Shalakyia unit.	90 Minutes
19.	General principles of management of certain emergency conditions.	90 Minutes
20.	Working knowledge of various instruments used in hospital and sterilization.	90 Minutes
21.	Basic information about routine investigations.	90 Minutes
22.	Fundamentals of hospital management. Maintenance of various register including Stock register. Preparation of demographic data.	90 Minutes
23.	Hospital and Patient record management.	90 Minutes
24.	Ideal duties of nursing staff including medical ethics.	90 Minutes