

PROGRAMME

YOGA AND AYURVEDA MEDICINE FOR MENTAL WELLNESS

ZOOM WEBINAR PRESENTED JOINTLY BY
NICM HEALTH RESEARCH INSTITUTE AND ALL INDIA INSTITUTE OF AYURVEDA

DATE: Thursday 5 November 2020, 3.00pm-5.30pm AEDT / 9.30am-12.00pm IST

PROGRAMME:

3.00pm <i>(9.30am IST)</i>	<i>Welcome address and opening remarks</i>	Professor Barney Glover, AO Vice-Chancellor and President, Western Sydney University, Australia
3.10pm <i>(9.40am IST)</i>	<i>Ministerial address</i>	Professor Tanuja Nesari Director, All India Institute of Ayurveda, India
3.15pm <i>(9.45am IST)</i>	<i>Ministerial address</i>	The Hon. Shri Shripad Yesso Naik Minister of State (Independent Charge) Ministry of AYUSH, Minister of State for Defence, Government of India
3.20pm <i>(9.50am IST)</i>	<i>Consul-General address</i>	The Hon. Dr Geoff Lee, MP NSW Minister for Skills and Tertiary Education, and Acting Minister for Sport, Multiculturalism, Seniors and Veterans Member for Parramatta, NSW Government, Australia
3.25pm <i>(9.55am IST)</i>	<i>Ayurveda for mind and body wellness</i>	Mr Manish Gupta Consul-General Consulate-General of India, Sydney, Australia
3.35pm <i>(10.05am IST)</i>	<i>Health, healing and consciousness</i>	Vd Rajesh Kotecha Secretary, Ministry of AYUSH, Government of India
3.55pm <i>(10.25am IST)</i>	<i>Balancing mind with Ayurveda for a perfect global health</i>	Sri Sri Ravi Shankar Founder, The Art of Living, India
4.15pm <i>(10.45am IST)</i>	10-minute break	Dr Antonio Morandi President, Italian Scientific Society for Ayurvedic Medicine, Italy
4.25pm <i>(10.55am IST)</i>	<i>Yoga research for mental health in Australia</i>	Dr Michael de Manincor Postdoctoral Research Fellow, NICM Health Research Institute, Western Sydney University, Australia

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4.45pm <i>(11.15am IST)</i>	<i>Calming the fluctuations of the mind? State of the science on yoga for mental health and wellness in cancer</i>	Dr Holger Cramer Research Director, Department of Internal and Integrative Medicine, University of Duisburg-Essen, Germany
	PANEL DISCUSSION	Shri Pramod Kumar Pathak Additional Secretary, Ministry of AYUSH, Government of India
	<i>Moderated by</i> Professor Tanuja Nesari Director, All India Institute of Ayurveda	Dr Manoj Nesari Advisor (Ayurveda), Ministry of AYUSH, Government of India
5.05pm <i>(11.35am IST)</i>	Professor Dennis Chang Acting Director, NICM Health Research Institute, Western Sydney University	Associate Professor Linda Taylor Pro Vice-Chancellor, International, Western Sydney University, Australia
		Dr Carolyn Ee Jacka Foundation Senior Research Fellow, NICM Health Research Institute, Western Sydney University, Australia
		Dr Michael de Manincor Postdoctoral Research Fellow, NICM Health Research Institute, Western Sydney University, Australia
		Dr Parvathy Devi Superintendent, Government Ayurveda Research Institute for Mental Disorders, Kottakkal, India
5.30pm <i>(12.00pm IST)</i>	Closing remarks	Professor Dennis Chang Acting Director, NICM Health Research Institute, Western Sydney University, Australia
		Associate Professor Shrikrishna Rajagopala Director of International, All India Institute of Ayurveda, India
5.35pm <i>(12.05pm IST)</i>	Webinar concludes	

[Programme schedule is subject to change – last updated 30 October 2020]