



Rashtriya Ayurveda Vidyapeeth is organising

CHARAKAYATAN

(6 Days complete residential training program)

Date: 19th - 24th May 2025

Venue: Ayurved Seva Sangh, Ganeshwadi, Panchavati,
Nashik, Maharashtra

Swadhyay/Adhyapan: Charak Samhita

About the Institute

Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi is the premier & autonomous institution under Ministry of Ayush, committed for promotion and propagation of Ayurveda as nodal agency for various training in Ayurveda.

About the Programme

This program is designed to reconnect students with the clinical essence of Charak Samhita, the foundation of Ayurveda. Participants will receive hands-on training from expert Gurus, learning to apply Charak-based diagnosis and treatment in real-life settings. The course also offers experiential learning in Ayurvedic lifestyle (dinacharya), identification of medicinal plants, simple formulation preparation, and practical application of Ekal Dravya Chikitsa and Nutraceutical recipes from the text.

Through this, students will not only understand but also live the teachings of Charak Samhita.

Objectives

- Focus on clinical understanding of Charak Samhita
- Learn to study and teach the Samhita effectively
- Improve skills in Ayurvedic daily regimen (Dinacharya)
- 7-8 hours daily of Samhita Adhyayan with expert faculty
- Open discussions to clarify doubts and misconceptions

Who Can Participate?

- BAMS Scholars
- M.D./M.S. Scholars of Ayurveda
- Teaching Faculties of Ayurveda

Selection Criteria:

Registration will be on first come first serve basis. Preference will be given to those who did not attend Charakayatan event before. The decision of RAV will be final.

Click to Register - <https://forms.gle/oGftSETYgqCN6akV6>

*Note

- All the registered participants shall be provided modest accommodation (Tea, Breakfast, Lunch & Dinner).
- Registration will open from 09th to 23rd April 2025, only selected candidates will be mailed for payment of fees of Rs. 2000/- + 360/- GST (Rs. 2360/-) per participant.
- Copy of Transaction details must be submitted along with copy of College ID & Adhaar ID by email to ravcharakayatan@gmail.com upto 23rd April 2025 .

For any query, Please Contact : Dr. Komal Aggarwal - 8708125541, Email I.D. - ravcharakayatan@gmail.com