

## AYURVEDA 6-DAY CME MODULE NO. 1 & 2

S.No.	Topic/Subject	Course Contents	Duration in Hours
1.	Vyadhikshamatva Vikara	Classical and Modern knowledge of Vyadhikshamatva (Immunity), Factors responsible for inherited and acquired immunity. Immunodeficiency, HIV/AIDS, Rasayan Therapy. National AIDS Control programme.	1 ½ Hour
2.	Madhumeha - Diabetes Mellitus	Classical and Modern knowledge of Madhumeha (Diabetes Mellitus), Definition, Prevalence in National/Global Scenario, Factors responsible of increased incidence, Glucose Metabolism, Signs-Symptoms, Investigations, Complication and management including management of Complications.	1½ Hour
3.	Rajayakshma -Tuberculosis	Rajayakshma/Tuberculosis. Revised National Tuberculosis Control Programme (RNTCP), Tuberculus pneumonia, Empyema, Haemoptysis MDR Tuberculosis, Complications of tuberculosis like Lung fibrosis, Pneumothorax, Pulmonary Hypertension. HIV infection and Tuberculosis. Immunity against Tuberculosis. Role of Rasayana and Ayurvedic drugs in management of Tuberculosis. Tamaka Shwas (Bronchial asthma).	1½ Hour
4.	Hrid roga	Types, Ischemic Heart Diseases, like Angina Pectoris, MI. Basic Knowledge of Investigations like ECG, TMT, Angiography, etc.	1½ Hour
5.	Vyanabala Vriddhi /Hypertension	Hypertension-Primary and Secondary, Signs, Symptoms, Investigations, Complications, Management.	1½ Hour
6.	Jara/Geriatics rasayana	Definition, Common features of normal aging, Old age associated common ailments, Social and Psychological problems of old people. Role of Rasayana.	1½ Hour
7.	Panchakarma-Therapy-Poorva Karma.	Introduction, Scope of Panchakarma in management of Acute and Chronic ailments. Pachan/Shodhan Kriya before Panchakarma. Snehan and Swedan. Keraliya panchakarma practices.	1½ Hour

8.	Panchakarma-Therapy-Pradhan Karma.	Knowledge of applicability and procedures of Vaman, Virechan, Vasti, Rakatmokshan. Types, Hazards and their management.	1½ Hour
9.	Ksharasutra Therapy-I	Introduction, Preparation, Utility and Indications, Ksharasutra procedures for Non-Anorectal ailments, Anal Fissures, Sinuses etc.	1½ Hour
10.	Ksharasutra Therapy-II	Management of Piles, Polyps and Fistula with Ksharasutra, Procedure details, Complications and their management.	1½ Hour
11.	Pharmaco-vigilance and Drug Interactions	What is Pharmaco-vigilance? And its significance in therapeutic practice. Ways and means of observing pharmaco-vigilance. Status of Pharmaco-vigilance in Ayurvedic practice. WHO guidelines on Pharmaco Vigilance. National Pharmaco - vigilance council. Concept importance of knowledge of drug interaction in Ayurveda with its Practical utility.	1½ Hour
12.	Medical Law/National AYUSH Campaigns/ NRHM	Knowledge of Central/State Medical Laws/Rules/Regulations applicable to practitioners of ISM, -Knowledge of National programmes, N.R.H.M aims and objectives. Kshar Sutra and Geriatric Health Campaigns of AYUSH.	1½ Hour
13.	Trauma and First aid	Trauma leading to Head injuries, Fractures, Bleedings, Perforating injuries, assessment of severity, First aid and knowledge of Management.	1 ½ Hour
14.	Minor OPD Surgical procedures.	Excisions, Ligations, Stitching, Drainage of Abscesses, Immobilization of Fractures, Care of Dislocation, Care of Burns, Local anaesthesia, etc.	1½ Hour
15.	Shalakya Disorders - I - Netra Roga	Common Conjunctivitis, Cataract Care, Glaucoma identifications, Eye injuries and Corneal ulcer care.	1½ Hour
16.	Shalakya Disorders - II- ENT.	Nasagat Raktasrav (Epistaxis), Naso-Bronchial Allergies, Ear Discharges, Perforation of Drum, Sinusitis, etc . Deafness and Audiometry.	1½ Hour

17.	Stri Roga	Common Menstrual Disorders, Amenorrhea, Menorrhagias, DUB, Uterine Fibroids and malignancies, Ovarian cysts and Growths.	1½ Hour
18.	Prasuti Tantra	Normal and Abnormal Pregnancy, Antenatal Care, Identification of High Risk Pregnancy. Puerperal problems. Family Planning advises.	1½ Hour
19.	Balaroga	Monitoring Physical and Mental development of Child. Immunization programme. Common Paediatric ailments like Diarrhoeas, Pneumonias and other infective ailments. Deficiency disorders, psychological problems like Bed Wetting, Malingering, Thumb sucking, etc.	1½ Hour
20.	National Programmes - I	National AIDS Control Campaign, Revised National Tuberculosis Control Programme, Blindness Control Programme.	1½ Hour
21.	National Programmes - II	Other National Programmes like RCH, Malaria Control programme, Anti Polio Programme, Leprosy Eradication Programme, etc.	1½ Hour
22.	Presentation by Trainees	Experiences of trainees	1½ Hour
23.	Presentation by Trainees	Experiences of trainees	1½ Hour
24.	Presentation by Trainees	Experiences of trainees	1½ Hour
	<b>Pre and Post training assessment</b>	Assessment and Feedback forms may be given to participants before the commencement of sessions, so that they fill the forms at the end of each session/day and put them in sealed envelopes.	01 hour
		<b>TOTAL</b>	<b>37 Hours</b>

**Total Sessions: 24 (Twenty four)**

**Total duration: 6 days.**