

TAHAFFUZI-WA-SAMAJI TIBB (PSM)

Module. I: Methodology:

- Teaching Methodology
 - a. Teaching Methods
 - b. Preparation of Synopsis of the Topic
 - c. Methods for setting Question Paper-(Descriptive & Objective)
 - d. Methods for Conducting Practical/Viva-Voice Exam
- Methodology of Research in Hifzane Sehat
- Screening
- Epidemiology, Epidemiological Trends
- Communication Skills & Modern Technologies
 - Use of Audio Visual AIDS
 - a. Overhead Projector
 - b. LCD Projector
 - c. Slide Projector
 - d. Computer Knowledge (Basics)
 - e. Use of Internet
 - f. Use of PowerPoint

Module. II: Environmental:

- Global Warming and Climate Change
- Effects of Environmental Changes on Human Health
- Monitoring of Environmental Pollution
- Diseases caused by Air, Water and other Environmental Pollutions
- Procedure and measures for Pollution Control
- Prevention of Diseases caused by Environmental Pollution

Module. III: Lifestyle:

- Asbab-e-Sitta Zarooriyah (Six Essential of Life)
 - a. Hawae Muheet
 - b. Makool-wa-Mashroob
 - c. Harkat-wa-Sukoon Badani
 - d. Harkat-wa-Sakoon Nafsani
 - e. Naum-wa-Yaqza
 - f. Ehtebas-wa-Istafragh
- Housing pattern and work Environmental
- Diet and Nutrition
- Dalak, Riyazat & Hammam
- Cleanliness
- Lifestyle Changes and related Diseases
- Occupational Health Hazard of present time

Module. IV: Infection:

- Infection Control in Healthcare setting

- STDs and AIDS
- Prevalence of Infectious Diseases
- Latest Vaccines

Module. V: Basics:

- Physiology of Exercise and Physiology of Sweating
- Pathology of Communicable Diseases
- Immunity & Immunomodulation

Module. VI: Public Health:

- National Health Policy and Role of Unani Medicine
- Rural Health Mission and Role of Unani Medicine
- Health Awareness
- Sanitation and Public Health
- Safe Motherhood and Role of Unani Medicine
- National and International Health Organizations and their Programmes